

Skill Development and Entrepreneurship Department
Directorate of Vocational Education and Training
Directorate of Skill Development, Employment and Entrepreneurship
Question Paper Group Name: HAIR AND SKIN CARE
Question Paper Post Names: Craft Instructor – Hair and Skin Care

Duration: 60 Minutes

Total Questions: 40

INSTRUCTIONS

1. This Question Paper Booklet contents 40 mandatory questions. Candidate should check the Question Paper Booklet and ensure that it contains all pages and questions before starting to answer. If candidate finds any problem pertaining to printing/ binding/ incomplete pages etc, candidate should immediately get the Question Paper replaced from the Invigilator.
2. Candidate has to write his/ her seat number in this block.

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3. The Question Booklet Number as printed above should be mentioned at the appropriate place on the OMR Answer Sheet.
4. All the Questions are provided with 4 options as 1, 2, 3 and 4. Candidate should select the most correct Option and mention the Option Number on the OMR Answer Sheet in front of the respective Question Number by **fully shading the Option Number with BLACK INK BALL POINT PEN Only.**
5. All Questions carry equal marks i.e. 1 Question has a weightage of 1 marks. Candidate should mind the available time for the examination and solve the questions accordingly.
6. The option shaded once on the OMR Answer Sheet should not be roughed or in any other way changed. Thus candidate should take utmost care while marking their options on OMR Answer Sheet. Such changes if any or any attempt to rough/ change options shall not be checked by the authorities.
7. Marks shall be awarded to the correct answers only during the evaluation of the OMR Answer Sheet. No marks shall be deducted for registering wrong answers (shading wrong option) or not attempting questions. Thus there is **NO NEGATIVE MARKING SYSTEM.**
8. All the rough work has to be done on the sheet provided for Rough Work in the Question Booklet only. Writing anything on the Question Paper Booklet, OMR Answer Sheet or any other Paper Sheet shall be treated as an unfair means and entitle for action under "**Prohibition of Unfair Practices during examination Ordinance – 1982**".
9. Method of Shading the Correct Option on the OMR Answer Sheet:

Q.No. 25. How many Centimeters make 1 Meter?

- | | |
|----------|-----------|
| (1) 10 | (2) 100 |
| (3) 1000 | (4) 10000 |

The Correct Option for this Question is (2) and hence the (2) option on the OMR Answer Sheet in front of Question Number 25 has to be shaded as following

**USE ONLY BLACK INK BALL POINT PEN FOR SHADING****IMPORTANT**

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THIS QUESTION PAPER BOOKLET AND PART – 1 OF OMR ANSWER SHEET HAVE TO BE SUBMITTED TO THE INVIGILATOR AFTER THE EXAMINATION.

1. To soften the skin around nails we use

- | | |
|----------------|-------------------|
| 1. Cuticle oil | 2. Cleansing milk |
| 3. Astringent | 4. Massage cream |

2. Good grooming is part of

- | | |
|---------------------------|----------------------|
| 1. Personal hygiene | 2. Public sanitation |
| 3. Government requirement | 4. Public safety |

3. To sterilize combs and other tools _____ electric instrument used

- | | |
|--------------------|----------------------|
| 1. Infra red lamp | 2. Dryer |
| 3. Hood hair dryer | 4. Ultra violet rays |

4. _____ code number thread is used for eye brow shaping.

- | | |
|--------|-------|
| 1. 20 | 2. 40 |
| 3. 140 | 4. 04 |

5. How many types of the bleach

- | | |
|------|------|
| 1. 8 | 2. 3 |
| 3. 4 | 4. 1 |

6. Woman skeleton consist of _____ bones

- | | |
|--------|--------|
| 1. 208 | 2. 602 |
| 3. 502 | 4. 206 |

7. The average PH of hair and skin is _____

- | | |
|-------|------|
| 1. 12 | 2. 3 |
| 3. 5 | 4. 7 |

8. Melanin is type of

- | | |
|----------------------|-----------------|
| 1. Colour pigment | 2. Blood vessel |
| 3. Ultra violet rays | 4. Chemical |

9. The outermost layer of the skin is called

- | | |
|------------|--------------|
| 1. Adipose | 2. Epidermis |
| 3. Dermis | 4. Corneum |

10. Loose, crepey and wrinkled skin is an indication of

- | | |
|-------------------|----------------|
| 1. Dry skin | 2. Ageing skin |
| 3. Couperose skin | 4. Normal skin |

11. Keratin consists of

- | | |
|------------|-----------|
| 1. Muscle | 2. Bone |
| 3. Protein | 4. Nerves |

12. Cutting the hair at 0° angle creates the effect of

- | | |
|------------------|-----------------|
| 1. Step cut | 2. Blunt cut |
| 3. Long step cut | 4. Deep 'U' cut |

13. Surya Namaskar series of _____ no. of physical postures.

- | | |
|-------|-------|
| 1. 12 | 2. 8 |
| 3. 10 | 4. 11 |

14. _____ bonds present in the context of hair are temporarily broken while doing blow drying of hairs.

- | | |
|---------------------|-------------------|
| 1. Peptide bonds | 2. Hydrogen bonds |
| 3. Disulphide bonds | 4. Sulphur bonds |

15. When analyzing the skin, the esthetician should use a skin scope or _____

- | | |
|--------------------|---------------|
| 1. Mirror | 2. Telescope |
| 3. Magnifying lamp | 4. Microscope |

16. Embry board is used for

- | | |
|-------------------|---------------------|
| 1. Shape the nail | 2. Push the nail |
| 3. Clean the nail | 4. Massage the nail |

17. According to yogic philosophy the sod vik food is considered as _____

- | | |
|-----------------|-------------------------------|
| 1. Rotting food | 2. Diseased and decaying food |
| 3. Pure food | 4. Stimulating food |

18. How can we classify a skin infection like "Impetigo"?

- | | |
|-----------|---------------|
| 1. Viral | 2. Bacterial |
| 3. Fungal | 4. Congenital |

19. The active stage in the hair growth cycle is

- | | |
|------------|------------|
| 1. Catagen | 2. Anagen |
| 3. Mutagen | 4. Telogen |

20. When applying warm liquid wax to the skin for the removal of hair always place the spatula on an angle of _____

- | | |
|---------------|--------------|
| 1. 120 degree | 2. 15 degree |
| 3. 90 degree | 4. 45 degree |

21. The largest organ of the body

- | | |
|----------|----------|
| 1. Heart | 2. Skin |
| 3. Lungs | 4. Brain |

22. _____ help in lighting the facial hair growth.

- | | |
|--------------|---------------|
| 1. Waxing | 2. Depilation |
| 3. Applition | 4. Bleach |

23. Abnormal hair loss is called

- | | |
|-------------------|-------------------|
| 1. Alopecia | 2. hypertrichosis |
| 3. trichoptilosis | 4. Canities |

24. How many bones are hands and foot?

- | | |
|-------|-------|
| 1. 37 | 2. 47 |
| 3. 27 | 4. 17 |

25. What is the study of skin and its diseases called?

- | | |
|----------------|---------------|
| 1. Cosmetology | 2. Cardiology |
| 3. Dermatology | 4. Nephrology |

26. The common name of millia are known as

- | | |
|----------------|----------------|
| 1. White heads | 2. Black heads |
| 3. Freckles | 4. Hives |

27. How many functions of the skin?

- | | |
|------|------|
| 1. 5 | 2. 6 |
| 3. 7 | 4. 4 |

28. How many types of hair growth?

- | | |
|------|------|
| 1. 2 | 2. 5 |
| 3. 3 | 4. 4 |

29. The most common cutting tool used for removing bulk from the hair is

- | | |
|------------------------|--------------------|
| 1. Electrical clippers | 2. Razors |
| 3. Thinning scissor | 4. Manual clippers |

30. What are the primary colours?

- | | |
|-----------------------|------------------------|
| 1. Red, Yellow, Blue | 2. Orange, Yellow, Red |
| 3. Violet, Green, Red | 4. Red, Yellow, Green |

31. Fatty elements _____ give to the body.

- | | |
|----------|-----------|
| 1. Water | 2. Sweat |
| 3. Oil | 4. Thermo |

32. Mention the safety precautions during removal of super flows hair.

- | | |
|---------------------------|---------------------------|
| 1. Application of acetone | 2. Application of water |
| 3. Application of oil | 4. Application of Alcohol |

33. How much percentage of Boric Acid solution is used to clean the eyes?

- | | |
|--------------|-------------|
| 1. 6 - 8 % | 2. 3 - 5 % |
| 3. 12 - 14 % | 4. 9 - 10 % |

34. How do you identify the dry hair?

- | | |
|-------------------------|--------------------------------|
| 1. Absence of lice | 2. Absence of oil on the scalp |
| 3. Presence of dandruff | 4. Absence of colour |

35. A very important technique that forms the basis of most make up applications is

- | | |
|---------------|-------------|
| 1. Highlights | 2. Blending |
| 3. Rubbing | 4. Shadows |

36. Texture of the hair is identified by

- | | |
|--------------|-------------|
| 1. Length | 2. Softness |
| 3. Thickness | 4. Colour |

37. Bleaching should be done

- | | |
|--------------------|-------------------|
| 1. After pack | 2. After steaming |
| 3. Before steaming | 4. Before pack |

38. What is % of NH_3 in BP

- | | |
|---------|--------|
| 1. 20 % | 2. 30% |
| 3. 10% | 4. 60% |

39. Which of the following skin types would gain the most benefit from indirect "high frequency"?

- | | |
|-------------------|-------------------|
| 1. Oily skin | 2. Dry skin |
| 3. Blemished skin | 4. Sensitive skin |

40. Chakrasana is a (n) _____

- | | |
|--------------------------------|-------------------------------|
| 1. Name of Asana | 2. Exercise in sthool vyayam |
| 3. Posture in Surya Namaskaram | 4. Exercise in sukshma vyayam |

SPACE FOR ROUGH WORK

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